

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Nappy changing

Policy statement

No child is excluded from participating in our provision who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Key persons have a list of the young children in their care who are in nappies or "pull ups" and change nappies accordingly or more frequently where necessary.
- Staff will complete the nappy changing log each time they change a child.
- Any child in nappies (which includes those in 'pull-ups') will have their nappies changed a minimum of once per session.
- Where practicable, key persons undertake changing young children in their key groups.
- Changing areas are warm and there are safe areas to lay young children and no bright lights shining down in their eyes. Key persons use this time as an opportunity to interact with their key child. Each young child has their own bag to hand with their nappies or 'pull ups' and changing wipes, as provided by their parents/carers.
- Gloves and aprons are put on before changing starts and the areas are prepared. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.
- The changing mat is disinfected after each use. All staff are familiar with the hygiene procedures and carry these out when changing nappies.

- The nappy unit and area is deep cleaned once a month.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat. In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet.
- They should be encouraged to wash their hands and have soap and hand drying facilities. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- If young children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was adopted at a meeting of

St Mary's Preschool

Held on

12 November 2019

Date to be reviewed

November 2020

Signed on behalf of the management committee



Name of signatory

E Griggs

Role of signatory (e.g. chair/owner)

Chair